

Create a space nebula

Creating space in your bedroom – that’s tricky. I mean it probably involves tidying for starters. Recreating *part of* space in your bedroom – that’s a lot easier.

In particular we are going to create a nebula, otherwise known as a giant interstellar cloud of dust and gases where stars are born or die. Like I said, it’s a lot easier than tidying up.

Begin by adding some water to your jar – to about a quarter or even a third of the way up. You can then add some tempura paint or food colouring to this and mix it with a long-handled spoon or a skewer before pushing in some cotton wool. If the cotton wool is in balls, just push a few down until they reach the top of the water, or if it’s from a large roll, pull off smaller sections and use them in the same way. Once you’re happy with this, you can sprinkle some glitter on top, and use your spoon or skewer to make sure this also moves down the side of the jar.

YOU WILL NEED:

JAR WITH A LID, WATER IN A JUG, TEMPURA PAINT OR FOOD COLOURING, LONG-HANDLED SPOON OR SKEWER, COTTON WOOL, GLITTER, MUG OR SECOND JAR, ACRYLIC PAINT

Add further layers in different colours by mixing similar amounts of water and food colouring or paint in a second jar or mug, soaking this up with more cotton wool, and then spooning it into the jar. Again, add glitter to these layers as you go.

Once you have reached the top of the main jar and you’re happy with the look, put the lid on your jar and place it somewhere it can be admired. Or else just pop it alongside all the other junk in your bedroom.

Tip: You can use acrylic paint to decorate the jam jar lid so it also looks suitably “intergalactic”... and less like it once contained mayonnaise or chocolate spread.

