



VARIATIONS

- Roll a train on a train track with letters written on Post-it notes underneath.
- Push a toy car along a paper or cardboard track with words/sounds written on.
- Put some sellotape over a strip of cardboard to make a slide for a favourite soft toy. Write the word on the slide and say the sounds as the toy slides down.
- Write the sounds on separate bits of paper and let your child scoot, jump or hop along them as they say them.
- Put any form of sounds/letters on top of some cushions. Let your child drag the cushions towards each other as they blend each sound together.

Use whatever your child likes best to support this activity – a favourite toy, doll, things to do. Go with their interests and you'll find they are more willing.

ROLL OVER



When it comes to blending sounds together, I find some children prefer to do this while moving their bodies. An occupational therapist once wrote a guest blog for me on my website about why children fidget, and how helpful it can be for them to physically move while they are trying to compute something in their head. It's useful to remember this when kids read books, as sometimes they like to wriggle around. It can be really quite annoying for an adult, with a kid squirming next to you as you try to read a story, but they can't help it! So if you too have a little one with ants in their pants, perhaps these ideas might help...

GRAB:

- chalk
- pen
- paper
- letters of any kind
- any kind of toy or vehicle on wheels – skateboard, bike, scooter, roller-skates, toy vehicle and so on

TO SET UP ...

1. On pieces of paper, write words for your kiddo to read but separate out the letters into their sounds, with spaces between each sound.
So **c a t** or **ch ur ch**.

TO PLAY ...

1. Let your child roll their vehicle over each sound.
2. Encourage them to say the sound out loud.
3. Ask them to move their vehicle and say the sounds again, and repeat a few times.
4. Encourage them to go faster or say the sounds slower and longer, and see if they can blend the sounds together and hear the word they're making.